

## Guldheden Lunch Menu

### Week 4

Må: Chili con carne rice, vegetarian chili rice

Ti: Fish, coconutcream and lime, rice, Vegetarian gratin and potatoes

Ons: pasta with cheese and broccoli sauce,

Tor: Baked falukorv and mashed potato, vegetarian suasuage and mashed potato

Fre: kassler with tomato sauce and bulghur, vegetarian patties with tomato sauce and bulghur

### Week 5

Må: Gobetti ala calabrese with rice, vegetarian calabrese with rice

Ti: Fish stew with potatoes, root vegetables in a cream sauce with potatoes

On: Vegetarian pasta sauce

To: Bouef bourguignon with thyme fried potatoes, quorn stew with thyme fried potatoes

Fre: Chicken soup, bread and cheese, quorn soup, bread and cheese

### Week 6

Må: Sausage and potato gratin, root vegetable grain

Ti: Fried fish, rice and chilled sauce, broccoli patties, rice and chilled sauce

Ons: lasagnette

To: Hamburger and mashed potato, vegeburger and mashed potato

Fre: kebab hash with beetroot, vegetable hash with beetroot

### Week 7

Må: Yokohoma with jasmine rice

Ti: Italien fish with a basil crust and potatoes, Ratatouille with potatoes

Ons: pasta with a cream spinach sauce,

To: Indonesian chicken stew with basmati rice, Indonesian quorn stew with basmati rice,

Fre: cowboy stew, bread and cheese, vegetarian cowboy stew, bread and cheese.